

ELECTRO-HYPERSENSITIVITY - THE SWEDISH EXPERIENCE

Black on White

Voices and Witnesses about electro-hypersensitivity

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What are the triggering factors of electro-hypersensitivity? What are the symptoms? What provokes them? What is the role of chemicals?

Black on White is based on documents to the Council for Work Life Research in Sweden in March 2000 from more than 400 electro-hypersensitive people and from their relatives, doctors or engineers performing field reduction.

Here people explain what started their electro-hypersensitivity. They state the variety of factors giving symptoms. In 2000, symptoms were primarily caused by computers but to a large extent also by all electrical installations, fluorescent lights and low-energy lamps, cellular phones and base stations, radio, TV, cars, trains, airplanes, copiers and dental work such as removal of amalgam.

Among the symptoms skin problems top the list, followed by sensitivity to light, eye problems, problems with the heart and blood pressure, headaches, migraines, pain in joints and muscles, dizziness, concentration difficulties, nausea, memory disorders, endocrine reactions and many more. Other parts of the book are concerned with the role of chemicals, on the benefit of field reduction, on the "electrorefugees", on the way health care institutions and political authorities deal with the problem.

The percentage of letterwriters with higher education was large – some of them were postgraduates and many were engineers – and they all had the ambition to describe their handicap in as much detail as possible for the benefit of future research.

How to order the book Black on White:

The printed version of Black on White. Voices and Witnesses about electro-hypersensitivity (2005) is now available.

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